

ENOUGH is ENOUGH: Make talking about diarrhea easier

Talking about diarrhea isn't easy, but having diarrhea is certainly worse. That's where this guide can help. Simply fill it out and share it with your doctor. That can help get the conversation—and possibly the relief—started.

You don't have to just cope with diarrhea—planning your life around it. There may be a treatment option you and your doctor can consider.

*PDF form may not work in some web browsers, right click and save the PDF to your hard drive, then open.

How often do you have diarrhea?

I have diarrhea about _____ times each _____ week _____ month. (choose one)
(how many?)

How long have you had diarrhea?

I have been having diarrhea for about _____ week _____ month. (choose one)
(how many?)

Check any of the following you have had because of your diarrhea:

- I have had to stop what I was doing to rush to the bathroom.
- I plan my daily activities so I have a bathroom nearby.
- I sometimes need to eat less, or limit or avoid certain foods.
- I sometimes miss social activities.
- Long trips are difficult for me.
- I avoid strenuous activity.
- I have less sexual desire or sexual activity is difficult.
- I worry about losing control of my bowels.
- Other

Yes, I would like to talk about whether Mytesi is a treatment option for me.

What is Mytesi (crofelemer)?

Mytesi is a prescription medicine that helps relieve symptoms of diarrhea not caused by an infection (noninfectious) in adults living with HIV/AIDS who are on antiretroviral therapy (ART).

Important Safety Information

Mytesi is not approved to treat infectious diarrhea (diarrhea caused by bacteria, a virus, or a parasite). Before starting you on Mytesi, your healthcare provider will first be sure that you do not have infectious diarrhea. Otherwise, there is a risk you would not receive the right medicine and your infection could get worse. In clinical studies, the most common side effects that occurred more often than with placebo were upper respiratory tract (sinus, nose, and throat) infection (5.7%), bronchitis (3.9%), cough (3.5%), flatulence (3.1%), and increased bilirubin (3.1%).

Please see Full Prescribing Information for www.mytesi.com.

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Mytesi[®]
(crofelemer) 125 mg
delayed-release tablets

RELIEF, PURE AND SIMPLE